



# **Chandler American Little League**

## **A Safety Awareness Program (ASAP)**

### **I. OUR MISSION STATEMENT**

**Chandler American Little League** is a non-profit organization run by volunteers of our community who are committed to the children and their families to firmly implant the ideals of good sportsmanship, honesty, loyalty, courage and respect for one another and authority, so that they may be well adjusted, stronger and happier children and will grow to become good, decent, healthy, and trustworthy citizens. We will provide an opportunity for our community's children to learn the game of baseball in a *safe and friendly environment*.

### **II. SAFETY PROGRAM MISSION**

The mission of the Chandler American 2024 ASAP plan is to maintain a high degree of safety awareness to ensure our league is safe for the players, coaches and volunteers. In addition, this document communicates what is expected from all coaches, players, volunteers and parents. It is the policy of our league to provide an environment in which the risk of injury is reduced to the lowest possible level by the application of our published ASAP plan. Behavior in violation of the safety code will be treated as misconduct and may result in the application of appropriate corrective action, including but not limited to dismissal from the league.

### **III. LITTLE LEAGUE POLICY AND AZ DISTRICT 13**

One of the reasons for Little Leagues' wide acceptance and phenomenal growth is that it fills an important need in our society. As our program expands, it becomes a major part in the development of our players. It instills confidence and an understanding of fair play, teamwork and sportsmanship.

Many of our players develop at different rates, but all are given the opportunity to improve their playing skill and learn what competition and sportsmanship are all about. All who take part in our program are encouraged to develop a high moral code along with improved physical skill and coordination.

You can never eliminate all the possible injuries, however having a plan and using preventive safety precautions increases the odds for injury-free involvement in baseball.

#### **IV. THE LEAGUE SAFETY OFFICER**

The role of the Chandler American Little League Safety Officer is to provide education and create awareness throughout the league to provide a safer environment for children and all participants. Annually, the Safety Officer will prepare and distribute an ASAP plan designed to protect participants. The ASAP plan shall be approved by Little League International.

The 2024 Safety Officer for Chandler American Little League is:

**Kristen Shamo**  
**(480) 332-4121**

#### **V. CONTACT A LEAGUE OFFICIAL TO REPORT INCIDENTS**

<b>Board Position</b>	<b>Name</b>	<b>Phone</b>
President	Jessica Rogers	(623) 295-7300
Vice-President	Brooke Deschaine	(480) 766-1320
Registration Coordinator	Brianna Gonzalez	(480) 628-2564
League Treasurer	Brian Collins	(602) 663-3235
Equipment Manager	William Morajko	(480) 599-4563
League Safety Officer	Kristen Shamo	(480) 332-4121
League Player Agent	Brianna Gonzalez	(480) 628-2564

#### **VI. EMERGENCY PHONE NUMBER: 911**

**CHANDLER POLICE NUMBER: (480) 782-4000**

**NON-EMERGENCY NUMBER: (480) 782-4130**

**DESERT BREEZE SUBSTATION**

**250 E. CHICAGO STREET**

**CHANDLER, AZ 85226**

**CHANDLER FIRE DEPARTMENT: 9-1-1**

**NON-EMERGENCY NUMBER: (480) 253-1191**

**151 E. BOSTON STREET**

**CHANDLER, ARIZONA 85225**

The most important help that you can provide to a victim who is seriously injured is to call for professional medical help. Make the call quickly, preferably from a cell phone near the injured

person. If this is not possible, send someone else to make the call from a nearby telephone. Be sure that you or another caller follow these steps.

1. First Dial **911**.
2. Give the dispatcher the necessary information. Answer any questions that they might ask. Most dispatchers will ask:
  - The exact location or address of the emergency. Include the name of the city or town, nearby intersections, landmarks, etc.
  - The telephone number from which the call is being made
  - The caller's name
  - What happened - for example, a baseball related injury, bicycle accident, fire, fall, etc.
  - How many people are involved
  - The condition of the injured person - for example, unconsciousness, chest pains, or severe bleeding
  - What help (first aid) is being given
3. Do not hang up until the dispatcher hangs up. The EMS dispatcher may be able to tell you how to best care for the victim.
4. Continue to care for the victim until professional help arrives.

Appoint somebody to go to the street and look for the *ambulance* and *fire engine* and flag them down if necessary. This saves valuable time. Remember, every minute counts.

### **WHEN TO CALL – IF YOU HAVE ANY DOUBT AT ALL, CALL **911** AND REQUEST PARAMEDICS**

If the injured person is unconscious, call **911** immediately. Sometimes a conscious victim will tell you not to call an ambulance, and you may not be sure what to do. Call **911** anyway and request paramedics if the victim:

- Is or becomes unconscious
- Has trouble breathing or is breathing in a strange way
- Has chest pain or pressure
- Is bleeding severely
- Has pressure or pain in the abdomen that does not go away
- Is vomiting or passing blood
- Has seizures, a severe headache, or slurred speech

### **ALSO CALL **911** FOR ANY OF THESE SITUATIONS:**

- Fire or explosion
- Downed electrical wires
- Swiftly moving or rapidly rising water

- Presence of poisonous gas
- Vehicle Collisions
- Vehicle/Bicycle Collisions
- Victims who cannot be moved easily

**WHEN TREATING AN INJURY, REMEMBER “PRICES”**

Protection Rest Ice Compression Elevation Support

**VII. CHANDLER AMERICAN LITTLE LEAGUE COVID-19 MITIGATION**

Chandler American Little League will comply with all current CDC guidelines for COVID-19.


**VIII. FUNDAMENTALS TRAINING**

The Fundamentals training will be discussed at the coach’s meeting on Saturday, February 3, 2024 at the Stadium Club (940 N Alma School Rd, Chandler, AZ 85224), and all coaches/managers are required to attend. During this meeting, the board will offer training and resources for all individuals. In addition, all managers/coaches must complete the Diamond Leader training. (Link: [Diamond Leader Training Program - Little League](#))

**IX. FIRST AID**

1. **FIRST AID TRAINING:** At least one manager/coach from each team is required to attend an online course in first aid training. Every manager/coach must attend this training once every three (3) years. First Aid Training was discussed with the coaches at the meeting on February 2, 2024. The online course entitled “Adult, Child and Baby First Aid/CPR/AED as administered by the Red Cross is approved by Chandler American Little League. (Link: [Adult, Child and Baby First Aid/CPR/AED Online | Red Cross](#))
2. **FIRST AID KITS:** First aid supplies are stored in the back of the onsite storage facility.

Each Manager, Coach, Player Agent, and League Official has been apprised of the code/combination to unlock the storage shed. In addition, each head coach/manager has been provided with a first aid kit to keep with the team during all practices and games. The First Aid Kit will include the necessary items to treat an injured player until professional help arrives, if necessary. First aid is the immediate, necessary, temporary, emergency care given for injuries. First-Aid means exactly what the term implies -- it is the first care given to a victim. It is usually performed by the first person on the scene and continued until professional medical help arrives. **At no time should anyone administering First-Aid go beyond his or her capabilities. This includes, but is not limited to, distributing medications not prescribed to the intended recipient or providing other medications not authorized by the parent or guardian on site.**

3. **KNOW YOUR LIMITS!!!!** - The average response time on **911** calls is 5-7 minutes. Paramedics are in constant communication with the local hospital, preparing them for whatever emergency action might need to be taken. You cannot do this. Therefore, do not attempt to transport a victim to a hospital. Perform whatever First Aid you can and wait for the paramedics to arrive.
4. **PERMISSION TO GIVE CARE:** IF THE VICTIM IS CONSCIOUS, YOU MUST HAVE HIS/HER PERMISSION BEFORE GIVING FIRST-AID. TO GET PERMISSION YOU *MUST* TELL THE VICTIM WHO YOU ARE, HOW MUCH TRAINING YOU HAVE, AND HOW YOU PLAN TO HELP. ONLY THEN CAN A CONSCIOUS VICTIM GIVE YOU PERMISSION TO GIVE CARE. DO NOT GIVE CARE TO A CONSCIOUS VICTIM WHO REFUSES YOUR OFFER TO GIVE CARE. IF THE CONSCIOUS VICTIM IS AN INFANT OR CHILD, PERMISSION TO GIVE CARE SHOULD BE OBTAINED FROM A SUPERVISING ADULT WHEN ONE IS AVAILABLE. IF THE CONDITION IS SERIOUS, PERMISSION IS IMPLIED IF A SUPERVISING ADULT IS NOT PRESENT.

Permission is also implied if a victim is unconscious or unable to respond. This means that you can assume that, if the person could respond, he or she would agree to care.

5. **TREATMENT AT SITE:**  
**DO THE FOLLOWING:**

**ACCESS** the injury. If the victim is conscious, find out what happened, where it hurts, watch for shock.

**KNOW** your limitations.

**CALL** **911** immediately if a person is unconscious or seriously injured.

**LOOK** for signs of *injury (blood, black-and-blue, deformity of joint etc.)*

**LISTEN** to the injured player describe what happened and what hurts if conscious. Before questioning, you may have to calm and soothe an excited child.

**FEEL** gently and carefully the injured area for signs of swelling or grating of broken bone.

**TALK** to your team afterwards about the situation if it involves them. Often players are upset and worried when another player is injured. They need to feel safe and understand why the injury occurred.

**DON'T DO THE FOLLOWING:**

- **ADMINISTER** any medications.
- **PROVIDE** any food or beverages (other than water).
- **HESITATE** in giving aid when needed.
- **BE AFRAID** to ask for help if you're not sure of the proper procedure (CPR, etc.)
- **TRANSPORT** injured individual except in extreme emergencies.

6. **LITTLE LEAGUE MEDICAL RELEASE FORMS**

Every coach will have with them at every practice and every game a copy of each player's **Little League Medical Release** form completed by the child's parents. The Medical Release Form contains emergency phone numbers, doctors and hospital information, allergies, etc. No child will be permitted to participate without a completed Little League Medical Release Form on file with the League in the possession of the Manager at the time of the game/practice.

7. **NOTIFICATION OF FAMILY**

It is extremely important that the family be notified as soon as provisions have been made for the care of injured or ill people who require outside treatment or ASAP.

After medical care has been obtained and the family notified, a league official must be contacted as soon as possible regarding the incident. The contact information for league officials is set forth above.

**FOLLOW-UP ON FIRST AID CASES**

1. A thorough investigation will be made to find the cause(s) of an accident and action started to prevent reoccurrence.
2. Accident report should be filed with the Safety Officer, typically within 24-48 hours. An insurance claim should be filed when outside medical attention is required. Do not wait for medical bills to arrive. They can be submitted as they become available. Please contact a league official regarding insurance information. (Link to report an accident can be found here: [How to Submit an Accident Claim - Little League](#))
3. *Any player under the care of a doctor is required to bring a note from the doctor to the manager releasing the player to play ball before being allowed to return to the lineup.*

## **X. CONCESSION STANDS**

- At some games there will be food trucks not affiliated with Chandler American Little League and are owned and operated by the outside providers. The food truck operation standards meet the local board of health regulations, and each person who works with the food truck is required to have a food handler's permit.
- Chandler American Little League may sell pre-packaged items in which the area of sales will post a handwashing protocol sign. Link: [Wash Hands \(littleleague.org\)](http://WashHands.littleleague.org)

## **XI. THE CHANDLER AMERICAN LITTLE LEAGUE SAFETY CODE**

Chandler American Little League requires all teams to enforce all Little League rules.

(Link: [LittleLeague.org/Rules](http://LittleLeague.org/Rules))

These rules include, but are not limited to the following.

- Responsibility for safety procedures belongs to every adult member of our Little League.
- Managers and coaches will inspect the field to identify hazards prior to each game or practice. Please report a hazard to a member of the board of directors.
- Each player, manager, designated coach, umpire, team safety officer shall use proper reasoning and care to prevent injury to him/herself and to others.
- Only league approved managers and/or coaches are allowed to practice with teams.
- Arrangement should be made in advance of all games and practices for emergency medical services.
- Managers, designated coaches and umpires will participate in First Aid training.
- First-aid supplies are located in the shed. Team managers should collect first aid supplies and have them with him/her at all times when playing off-site during interleague play.
- No games or practices will be held when weather or field conditions are poor, particularly when lighting is inadequate.
- Play area will be inspected before games and practices for holes, damage, stones, glass and other foreign objects.
- Team equipment should be stored within the team dugout or behind screens, and not within the area defined by the umpires as "in play."
- Only players, managers, coaches and umpires are permitted on the playing field or in the dugout during games and practice sessions.

- All catchers must wear a mask, “dangling” type throat protector and catcher’s helmet during practice, pitcher warm-up, and games. **Note:** Skullcaps are **not** permitted.
- Shoes with metal spikes or cleats are **not** permitted, except with the Juniors Division and above. Shoes with molded cleats are permissible.
- Beginning with the 2018 season, non-wood and laminated bats used shall bear the USA Baseball logo signifying that the bat meets the USABat – USA Baseball’s Youth Bat Performance Standard. **The Juniors division is permitted to use bats with the BBCOR designation in addition to wood and bats meeting the USA standard.**
- Reduced impact balls will be used at the Tee Ball level.
- Disengage-able bases are mandatory for ALL league fields.
- Players will not wear watches, rings, pins, jewelry or other metallic items during practices or games. (Exception: Jewelry that alerts medical personnel to a specific condition is permissible and this must be taped in place.)
- Catchers must wear a catcher’s mitt (not a first baseman’s mitt or fielder’s glove) of any shape, size or weight consistent with protecting the hand.
- Catchers may not catch, whether warming up a pitcher, in practices, or games without wearing full catcher’s gear and an athletic cup as described above.
- Managers and coaches will never leave an unattended child at a practice or game.
- Never hesitate to report any present or potential safety hazard to the Safety Officer immediately.
- Make arrangements to have a cellular phone available when a game or practice is at a facility that does not have public phones.
- **NO ALCOHOL OR DRUGS ALLOWED AT ANY OF OUR FACILITIES OR FIELDS AT ANY TIME.**
- **No medication** will be taken at the facility unless administered directly by the child’s parent. This includes aspirin and Tylenol.
- No playing in the parking lots at any time.
- **NO SMOKING ALLOWED AT ANY OF OUR FACILITIES OR FIELDS.**
- **No swinging bats or throwing baseballs at any time within the walkways and common areas of the complex. Please contain swinging bats to the field of play.**
- No throwing rocks.



- No climbing fences.
- No swinging on dugout roofs, gates or fences.
- **No pets are permitted on the premises at any time. This includes dogs, cats, horses, etc.**
- Observe all posted signs.
- Players and spectators should be alert at all times for foul balls and errant throws that leave the field of play.
- All gates to the fields must remain closed at all times. After players have entered or left the playing field, gates should be closed and secured.
- No player shall leave the dugout during a game without a helmet.

## **XII. BACKGROUND CHECKS**

- Pursuant to Little League International Child Protection Program every manager, coach and league official must voluntarily submit to a background check. Any person whose background check reveals a conviction for, guilty plea, no contest plea, or admission to any crime involving or against a minor will be permitted to participate in any manner in league activities.
- **All volunteers must submit the Little League Volunteer Application Form (Link: [littleleague.org/downloads/volunteer-application/](http://littleleague.org/downloads/volunteer-application/)) or through JDP QuickApp electronically.**

## **XIII. ABUSE AWARENESS:**

- Chandler American Little League has a zero-tolerance culture and does not allow any type of activity that promotes or allows any form of misconduct or abuse (mental, physical, emotional, or sexual) between players, coaches, parents, guardians, caretakers, spectators, volunteers, and or any other individual. League officials must remove any individual that is exhibiting any type of mental, physical, emotional, or sexual misconduct and report the individual to the authorities immediately.
- All volunteers are required to take the Abuse Awareness training. (Link: [Abuse Awareness instructions](#)). All certificates are collected by the Safety Officer, and a spreadsheet is kept to track the completion for all volunteers.

## **XIV. MANAGERS AND COACHES: The Manager is responsible for the team's actions on the field and represents the team in communications with the umpire and the opposing team.**

- The Manager is responsible for the team's conduct, observance of the official rules and

deference to the umpires. ***Remember coaches are Role Models.***

- The Manager is responsible for the safety of the players. He/She is also ultimately responsible for the actions of designated coaches.
- If a Manager leaves the field, that Manager will designate a Coach as a substitute and such Substitute Manager shall have the duties, rights and responsibilities of the Manager.
- Managers and/or coaches are required to walk and inspect the fields for hazards prior to practices and games.

### **BEFORE THE GAME**

- Inspect the field conditions and address hazards. If the hazard cannot be addressed, please contact a member of the Board for assistance
- Inspect equipment to ensure it is in proper working order. (All damaged equipment must be destroyed or disposed of, for safety purposes, rather than saved for future use.)

### **DURING THE GAME**

- Make sure that players carry all gloves and other equipment off the field and to the dugout when their team is up at bat
- No equipment shall be left lying on the field, either in fair or foul territory
- Keep players alert
- Maintain discipline at all times
- Be organized
- Keep players and substitutes sitting on the team's bench or in the dugout unless participating in the game or preparing to enter the game
- Make sure catchers are wearing the proper equipment
- Encourage everyone to think Safety First
- Observe the "no on-deck" rule for batters and keep players behind the screens at all times
- No player should handle a bat in the dugouts at any time
- Keep players off fences
- Keep players out of the bullpen unless they are pitcher and catcher in the proper gear getting warmed up to enter the game
- Get players to drink often so they do not dehydrate
- Do not play children that are ill or injured
- Children exhibiting any illness are required to leave the dugout immediately and placed in the care of their parent or guardian
- Attend to children that become injured in a game
- Not lose focus by engaging in conversation with parents and spectators

**If a manager knowingly disregards safety, he/she will be brought before the League's Board of Directors for potential discipline.**

***WARNING: Protective equipment cannot prevent all injuries a player might***

receive while participating in baseball.

- **SAFETY FIRST!**
- **BE ALERT!**
- **CHECK PLAYING FIELD FOR HAZARDS**
- **PLAYERS MUST WEAR PROPER EQUIPMENT**
- **ENSURE EQUIPMENT IS IN GOOD SHAPE**
- **MAINTAIN CONTROL OF THE SITUATION**
- **MAINTAIN DISCIPLINE**
- **BE ORGANIZED**
- **KNOW PLAYERS' LIMITS AND DON'T EXCEED THEM**

**MAKE IT FUN!**

